THE MILLSTONE AT BARNACK



SMALL	PLATES	& START	ERS

Veggie patty with vegan bun, lettuce, tomato, gherkins & spicy vegan mayo (ve, v, df)

SMALL PLATES & STARTERS			
Chicken Satay Grilled chicken skewer with satay sauce & side salad (gf, df) Nachos	£ 10.00	Torched Asparagus Ohitashi Asparagus, poached in dashi, soy & sugar with teriyaki mayo, (gluten, fish, soy, vegetarian adaptable)	£ 9.00
Nachos with melted cheddar cheese with jalapenos, guacamole, sour cream and tomato salsa	£ 9.00	Soups & Salad Of The Day Please ask your server for details (gf, df)	£ 9.00
Breaded Brie Wedge Side salad & red current sauce	£ 9.00	Pan Seared Scallops scallops served with creamy saffron corn sauce	£ 12.00
Crispy Fried Calamari Crispy squid rings served with side salad & tartare sauce	£ 10.00	(gf).	
MAIN COURSE			
Steak Du Jour Cooked chips, tomato, baked mushroom (gf) Chimichurri sauce£2.00 Peppercorn Sauce £2.50 Red wine sauce £2.50	MP	Curry Of The Day Served with basmati rice, papadam & nan bread	MP
Chicken Parmigiana Breaded chicken breast covered with tomato sauce,	£19.00	Catch Of The Day Saffron corn sauce, asparagus, baby carrot & cherry tomato (gf)	MP
cheese served with side salad & fries Seafood Paella Mix seafood, mix peppers, mild spicy sauce with	£ 22.00	Cider Battered Fish & Chips Tartare sauce, mushy peas (fish, gluten adaptable) Lamb Shank	£ 19.00
saffron risotto rice Pan Fried Duck Breast Tenderstem broccolini, shallot, beetroot puree, sweet	£ 23.00	Slow cooked lamb shank with pumpkin puree, mash potato & spinach (gf, df)	L 24.00
potato mash & orange sauce Venison Haunch Steak Celeriac puree, braised red cabbage, roasted shallot	£ 24.00	Spaghetti Carbonara Creamy carbonara with mushroom & bacon	£ 19.00
crispy kale, asparagus, red wine sauce (gf, df) Slow cooked Feather Blade Of Beef Truffle mayo, braising juices, long stem broccoli & mash potato (gf, df)	£ 20.00	Pork Cutlet Burnt apple sauce, & cider sauce with tender stem broccoli, buttered new potatoes (gf,df)	£ 22.00
CHEF'S SPECIAL		SIDES	
Buddha Bowl	£ 17.00	Fries (ve)	£ 5.00
Coconut plantain, avocado, cucumber, boiled egg, cherry tomato, honey-glazed red cabbage, and sweet		Onion Rings (v,ve)	£ 5.00
potato curry with sticky rice. (ve, gf) Add: Chicken £5.00 Prawn £6.00		Marinated Olives (v,vg,gf,df)	£ 5.50
Truffle Mushroom Risotto	£ 18.00	Seasonal Vegetables (v,df,gf,ve)	£ 5.50
Creamy risotto infused with the rich flavours of truffle		Bread, Olive Oil & Balsamic (v,df)	£ 5.50
oil & wild mushrooms, topped with parmesan, micro herbs (vg, gf)		Parmesan Fries (v,gf)	£ 5.50
The Millstone Burger Juicy gourmet beef patty with crispy bacon, gherkins,	£ 18.00	Mashed Potato/New potato (v,gf)	£ 6.00
cheddar, caramelised onions, lettuce & tomato		Sweet Potato Wedges (v,gf)	£ 6.00
Chicken Burger Crispy breaded chicken breast with brioche bun, lettuce, tomato, gherkins and spicy mayo	£ 18.00	Mozzarella Sticks (v,gf)	£ 6.00
Vegan Burger	£ 17.00		
version and the later of the second			

Our kitchen handles nuts, gluten and other allergens. Menu may not list all ingredients; inform us of allergies. Allergen info available on request. Fish dishes may have bones. Menu subject to availability/change.